

GUIDE TO TILP SUMMARY ASSESSMENT OF BASIC LIVING SKILLS

Use the standards below to guide your youth in assessing his/her level of competency in the "Summary Assessment of Basic Living Skills" section of the TILP.

Skill	Knowledgeable	Adequate	Needs Training
Basic Self Care	Understands the importance of good hygiene and is clean and well-groomed.	Understands the importance of good hygiene but does not make an effort to keep self clean and well groomed.	Does not understand the importance of good hygiene and is not clean. Not well kept.
Shopping, Budgeting, Money Management	Has a savings or checking account. Understands a monthly budget and the cost of items.	Understands the importance of a bank account but doesn't have one. Knows how to budget but doesn't always save money.	Does not understand the importance of a bank account or budgeting. Never shops.
Social Skills	Well mannered, articulate and cooperative.	Depending on the situation, will sometimes act appropriately. Demonstrates knowledge of manners but does not always practice.	Cannot engage in conversation. Poor manners.
Cooking & Cleaning House	Can perform both (i.e., 3 healthy meals a day, washes clothes, can clean every room in the house).	Can perform one or the other. Doesn't demonstrate ability to complete all tasks.	Cannot or will not cook or clean.
Leisure Time Management/Hobbies	Fills time with positive activities (i.e., sports, creative arts, etc.) and has interests beyond daily tasks.	Minimal interests in hobbies. Very limited time management skills.	Is not aware of any personal interests and fills time with negative or non-productive activities.
Knowledge/Use of Safe Sex Practices and Family Planning	Can identify the dangers of unsafe sex, methods of birth control when/if involved in sexual relationships. Can also identify ways to prevent pregnancy and STI's.	Can tell you at least 2 dangers of unsafe sex and 2 ways to protect themselves. Can also tell you 2 ways to prevent pregnancy.	Does not know the dangers of unsafe sex or ways to protect self. Does not always use birth control when involved in a sexual relationship. Does not know how to prevent pregnancy.
Assumes Responsibility for Actions	Accepts responsibility for all actions regardless of consequences.	Occasionally assumes responsibility which is typically dependent on the situation or consequences.	Does not assume personal responsibility and blames others/makes excuses.
Job Skills Training	Has a work permit and is aware of job opportunities, types of positions. Is punctual and cooperative. Maintains positive attitude about work.	Understands the work permit process but does not have a permit. Aware of some job opportunities but has no concrete plan nor is working toward any job goals.	Does not know how to get a work permit or how to find job opportunities. Is not interested in learning how to do so.
Self-Esteem, Self Confidence	Regardless of situations, maintains positive attitude and remains positive while in negative situations. Is flexible under changing situations/environments	Handles situations with moderate emotional negative attitude shifts.	Emotional instability in reaction to events that do not go as planned. Unable to adapt to changing situations. Attitude can be influenced by changing situations.
Community Resources (Knows where to find)	Knows how to access every important agency (i.e., SS, DMV, EDD, hospital, mental health, library, etc.)	Knows how to access some agencies and can ask for assistance.	Does not know how to access any agencies.
Develops Supportive Interpersonal Relationships	Has a strong network of positive relationships (i.e., family members, CSW, mentor, teacher, peers, EPA, OA, etc.)	Has some positive relationships and understands the importance of networking.	Doesn't understand the importance of networking and doesn't have positive relationships. Isolates self.
Community Interactive (Apartment hunting, rides bus, etc.)	Aware of resources in community and uses them. Volunteers in the community.	Has understanding of community resources but does not interact with all of them.	Now aware of community resources and does not use any of them.
Thinks and Plans with Short and Long Range Goals	Understands that (s)he must work toward goals and can articulate what steps are necessary to reach goals. Is actively pursuing them.	Understands that (s)he can only get to his/her goals through work, but does not have concrete plans to reach them.	Gives examples of plans that clearly do not meet his/her current state of affairs (e.g., dropped out of school but wants to be a lawyer).
Parenting Skills and Education	Has taken child development and/or parenting classes.	Understands the importance of parenting education before having a child but is not currently enrolled in a class.	Does not understand the importance of parenting education.