



## INFORMATION REGARDING NITROUS OXIDE TESTING (NOS)

### Things to know prior to requesting a Nitrous Oxide test:

- Nitrous Oxide testing is done via a blood test, must have a court order to do so and is processed by requesting a specialized testing referral. The link to the form and instructions to request this type of testing can be found here: <https://lakids.dcfslacounty.gov/DrugTesting%2009/Forms.html>
- Nitrous Oxide only has a detectable half-life in blood of approximately 5-15 minutes. This can be longer if the person is a chronic user of NOS, but in general, NOS is only detectable for a very short time.  
**NOTE:** Physiological factors affect the way our bodies metabolize drugs including NOS. Some of these are:
  - Age
  - Physical Activity
  - Frequency and Intensity of use.
- Only three sites offer Nitrous Oxide testing:
  - Allmed of El Monte
  - Catalina Island Medical Center in Avalon
  - Clinica Medica General in Los Angeles
- The cost per Nitrous Oxide test \$556 per test (a standard urine test is \$38)

Please keep all these factors in mind when requesting NOS testing