

**DR. SOPHY'S TRAINING:
QUESTIONS TO ASK WHEN CONSIDERING A GH/STRTP PLACEMENT**

1. What is the child's **current** mental health diagnosis?
2. What mental health services are currently in place?
 - (a) When were the services initiated?
 - (b) Has the child been referred for TBS services, if applicable?
3. Does the child have any medical diagnoses? If so, what are they?
4. Is the child on any medications (psychotropic or otherwise)?
 - (a) Is the child taking the medication?
 - (b) When was the child's most recent visit with the psychiatrist?
5. Is any medical, mental health or psychiatric follow up needed at this time? If so, what's the plan to follow up?
6. Does the child have a formed and functioning child and family team?
 - (a) If so:
 1. When was the initial CFT meeting held?
 2. What are the child's strengths?
 3. What are the child's trauma-related underlying needs?
 4. What services were included in the CFT plan to address the child's trauma-related underlying needs?
 5. What supports were included in the CFT Plan for the caregiver to meet the child's trauma-related underlying needs?
 6. How often does the CFT meet thereafter, in order to address the child's underlying needs; and the caregiver's needed support to address the child's needs?
 - (b) If not, how soon can a CFT be formed and an initial CFT meeting held in order for all of the above to occur and the placement decision to be a shared one?
 - (c) What services/strategies have been utilized to avoid placement in a group home or STRTP? Why were they not successful?
7. How many other less restrictive placement resources have been explored (relatives, NREFMs, D-rate homes, FFAs or TFC)? How long ago?
 - (a) What child strengths were presented to prospective caregivers during placement efforts?
 - (b) What are the treatment goals of the GH/STRTP placement?
 - (c) What is the child's anticipated length of GH/STRTP stay?
 - (d) What is the child's transition plan to a less restrictive home-like setting?