

FOR DCFS-SERVED YOUTH
KNOW YOUR RIGHTS FOR SEXUAL HEALTH SERVICES

In California, a youth of **any age** has the right to obtain care for the prevention and treatment of pregnancy including:

- Birth control
- Emergency Contraception (morning after pill)
- Pregnancy Testing
- Pregnancy Care
- Abortion

You have the right to access these services on your own, no adult needed. You do **NOT need anyone's permission**, not even that of your parents, and they cannot be notified that you accessed these services without your permission.

You may be excused from school to attend confidential medical appointments. Look to your school district for information on its policy on confidential medical appointments.

If you are **12 years and above**, you have the right to obtain:

- Testing and Treatment of Sexually Transmitted Infections (STIs)

If you have any questions regarding sexual health services, please contact your doctor or medical provider.

FOR DCFS- SERVED YOUTH

SEXUAL HEALTH SERVICES AVAILABLE AT THE MEDICAL HUB CLINICS

Medical Hub	Sexual Health Services Available
<p>High Desert Regional Health Center 335 East Avenue I Lancaster, CA 93535 (661) 471-4055</p>	<p>The High Desert Hub provides comprehensive care to adolescents, including contraceptive counseling, Depo-Provera shots and prescriptions for birth control and follows the youth as needed. Nexplanon (sub dermal contraceptive) implants are routinely done at the High Desert Hub. A nurse practitioner is certified to insert IUDs. The High Desert Hub routinely provides STI testing and treatment.</p> <p>Youth may contact the Hub at 661-471-4055 and request an appointment.</p>
<p>Olive-View UCLA Medical Center Hub 14445 Olive View Dr. Sylmar, CA 91342 (818) 364-4680</p>	<p>Adolescents referred to the Hub are offered preventive health services that include anticipatory guidance regarding sexual development, reproductive health, Sexually Transmitted Infections (STIs) according to the American Academy of Pediatrics and other guidelines. When appropriate, contraception is offered to adolescents who are followed in this Hub Clinic. STIs (other than HIV) are treated by providers in the Hub when appropriate.</p> <p>Obstetric services are not offered at the Hub.</p>
<p>LAC+USC East San Gabriel Valley (ESGV) Satellite Hub 4024 N. Durfee El Monte, CA 91732 (626) 450-8930</p>	<p>ESGV Satellite Hub provides reproductive health information to DCFS youth during the Initial Medical Exam or during a follow up appointment. According to the Child Health and Disability Prevention Program guidelines, health education and anticipatory guidance is extended to the youth as determined appropriate, including reproductive health information.</p> <p>If the youth expresses a wish to receive reproductive/contraceptive services, s/he is referred to the Adolescent Care and Transition Clinic at the LAC+USC Medical Center or community/local family planning clinics.</p> <p>ESGV provides prescriptions for oral contraceptives. Above referral is made only for those who wish to get more services which ESGV cannot provide.</p>
<p>LAC+USC Medical Center Hub SCAN Clinic CATC Clinic ACT Clinic 2010 Zonal Ave. 3rd Floor, Los Angeles, CA 90033 SCAN (323) 226-3961 CATC (323) 226-5086 ACT (323) 226-7502</p>	<p>LAC/USC is committed to providing comprehensive primary health care to teens, including discussing issues regarding the teen's sexual health with the teen. STI testing is provided as are prescriptions for oral contraceptives that are filled at the pharmacy.</p> <p>LAC/USC, through its Adolescent Care and Transition (ACT) Clinic, offers extensive evidence-based reproductive health services. Expedited appointments for contraception counseling are available. Depo-Provera injections, emergency contraception, and long-acting reversible contraception (e.g. intrauterine devices, subdermal implants) are administered same day. Other forms of birth control are offered through prescription. The clinic offers STI testing and treatment including HIV prophylaxis. Counseling includes condom education and distribution. Family-Pact is available for patients requesting privacy.</p> <p>For contraception only appointments, a foster youth/Non Minor Dependent (NMD) may self-refer and call (323) 226-7502 and request an appointment for birth control.</p>

<p>Martin Luther King, Jr. Outpatient Center 1721 E. 120th St. Los Angeles, CA 90059 (424) 338-2900</p>	<p>The MLK, Jr. Hub provides comprehensive primary medical care for adolescents, including STI testing/treatment and contraceptive services. Two certified Family Planning Health Workers are available to provide counseling regarding birth control options. The Hub provides same-day in-clinic placement of subdermal contraceptive implants (Nexplanon) and contraceptive injections (Depo-Provera), prescriptions for birth control rings, pills and patches, and distribution of male condoms. Expedited appointments for Intrauterine Device placement are available at the MLK Outpatient Center Women’s Clinic. FamilyPact (for adolescents with no health insurance) is offered at MLK Hub.</p> <p>To receive an appointment without a Hub referral, youth/NMDs should contact one of the following medical case workers and self-identify as currently in the foster care system: Roxana Alarcon (424) 338-2908 Melody Stewart (424) 338-2903</p>
<p>Childrens Hospital Los Angeles Initial Medical Clinic 3250 Wilshire Blvd. 3rd Floor LA, CA 90010 (323) 361-7713 Fax (323) 361-3843</p>	<p>Reproductive health education is a part of an adolescent Initial Medical Exam (IME) (teen anticipatory guidance). The CHLA Hub works to connect the teen to a medical home for contraception. If teen is to be followed at CHLA for ongoing care, CHLA provides the contraception at the IME visit. The CHLA Adolescent Medical Clinic provides sub dermal contraceptive implants (Nexplanon). Nexplanon appointments at CHLA’s Adolescent Medicine Clinic may be scheduled by contacting Dayanara Bocanegra 323-361-3936 dbocanegra@chla.usc.edu. Youth with straight MediCal may self-refer.</p> <p>Youth are also referred to LAC+USC Adolescent Care and Transition Clinic.</p>
<p>Harbor-UCLA Medical Center 1000 W. Carson St. Torrance, CA 90509</p> <p>Child Crisis Center (310) 222-3567 K.I.D.S Clinic (310) 222-6504</p>	<p>Adolescents referred to the Hub are offered preventive health services that include anticipatory guidance regarding sexual development, reproductive health, and Sexually Transmitted Infections (STIs). Contraception is offered to adolescents who are followed in this Hub Clinic or involved with DCFS. Contraception injections (Depo-Provera) are provided at the clinic and prescriptions can be given for the birth control pills, rings and patches. Male condoms are also provided. Expedited appointments to gynecology are made for subdermal contraceptive implants (Nexplanon) and Intrauterine Devices (IUD). Nexplanon will be offered soon at this site. Sexually transmitted infections (other than HIV) are treated by providers in the Hub when appropriate. A youth/NMD may call the Hub directly and self-identify as being in the foster care system and ask for an appointment for birth control or other sexual health care needs without a referral. FamilyPact (for adolescents with no health insurance or HMO Medi-Cal plans (except Kaiser)) is also offered.</p> <p>To receive sexual health services please call: (310) 222-3567 and ask for: Raquel Ramirez Ayana Harrison</p>