

## **Discussion Questions for Pregnant Youth**

### **For Pregnant Youth Considering Adoption**

- How do I feel about going through nine (9) months of pregnancy, delivery, and then placing my child in an adoptive home?
- How do I feel about someone else raising my child?
- How do I feel about the probability of never seeing my child again?
- Would it make a difference if I had a boy or a girl?
- Do I know the physical risks of pregnancy and childbearing?
- What agencies offer adoption services?
- What are the adoption procedures?
- What are the terms of the adoption?
- What might my life be like in five (5) years? In ten (10) years?
- Who can I talk to about my decision?
- Will the baby's biological father consent to the adoption?

### **For Pregnant Youth Considering Continuing the Pregnancy (Parenting)**

- How do I feel about being totally responsible for someone else for at least eighteen (18) years?
- How do I feel about giving up so much of my freedom? My privacy? The option to go where and to do what I want?
- What is my plan for completing my education?
- If I'm not home all day, who will care for my child?
- Can I afford the costs of food, clothing, housing, childcare, and medical care? Do I know how much it costs to raise a child?
- How involved can I expect the baby's father to be?
- Do I know the physical risks of pregnancy and childbearing?
- What community agencies can offer help?
- What might my life be like in five (5) years? In ten (10) years?
- Considering how I was raised, and how this has affected my life, how would I change my parenting style with my child? What elements would I keep?